

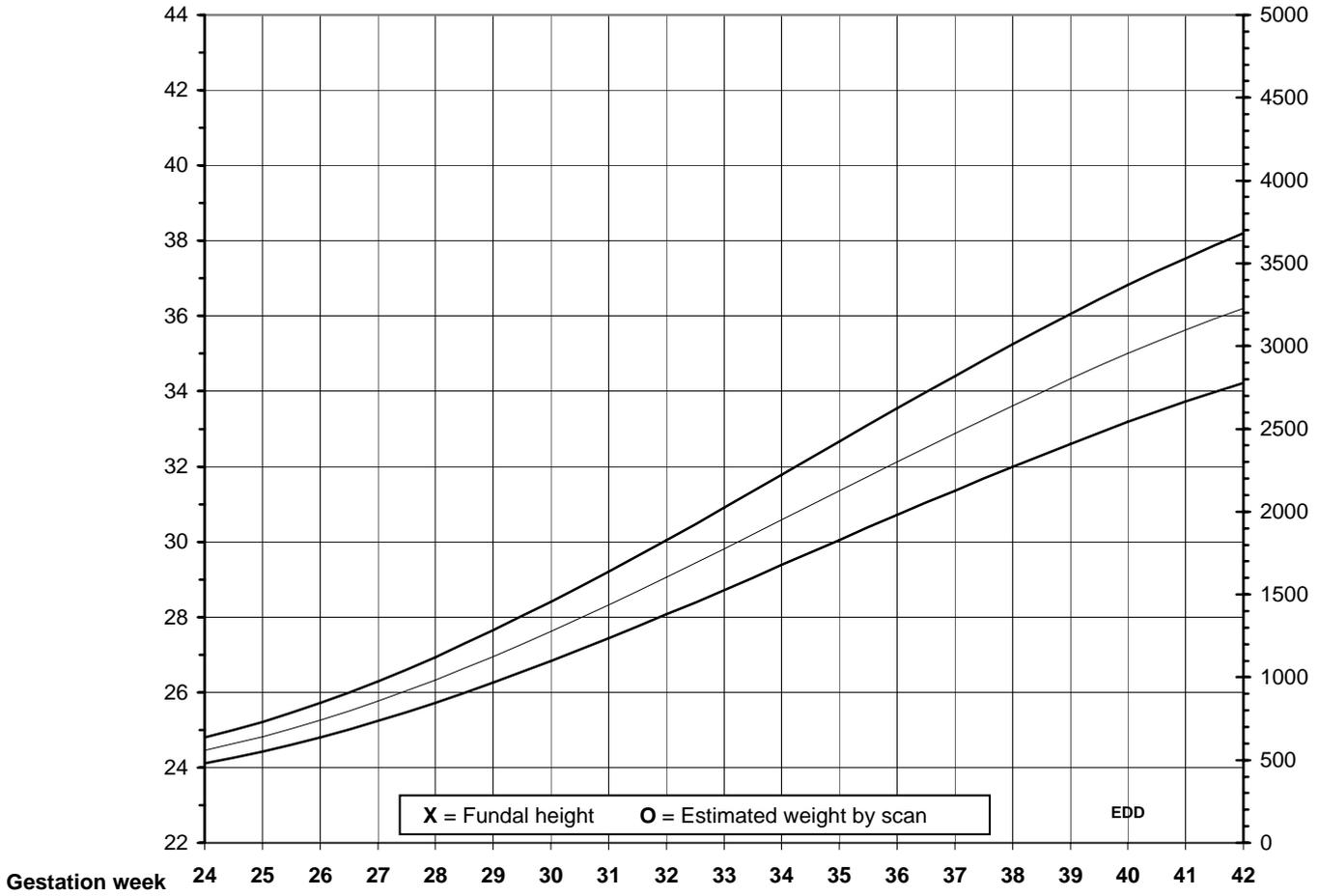
# Antenatal growth chart

with 90th, 50th and 10th centile lines for

**Bangladesh (term average weight 2955 g)**

Weight (g)

Fundal height (cm)



Date of visit	
Fundal height	
For growth scan	
Signature	

**Fundal height measurements from 26 to 28 wks. Mother semi-recumbent, bladder empty. Measurements to monitor growth should be every 2-3 weeks, preferably by same person.**

Hold non-elastic tape at top of uterine fundus.



Measure to top of symphysis pubis.



Measure along longitudinal uterine axis and plot on chart.



**Referral for ultrasound growth scan (for estimated fetal weight & amniotic fluid) is recommended if:**

- the first fundal height measurement plots below 10th centile line on the customised chart
- consecutive measurements suggest: NO growth (static or flat curve), or SLOW growth (not following slope of either curve on the chart); or EXCESSIVE growth (steeper than curves on the chart).

(NB: A first plot above the 90th centile line does NOT need scan for 'LGA', unless there are other clinical concerns, e.g. polyhydramnios).

- Following ultrasound, if the assessment is:
1. Normal => revert to serial fundal height measurement.
  2. Abnormal => refer for urgent obstetric review +/- Doppler.